

**THE UNIVERSITY OF IOWA
WAIVER AND RELEASE FORM**

In consideration for being permitted to participate in the **Boulware Community of Carver College of Medicine and United Action 4 Youth “Ride4Youth” Charity Bike Ride to be held on September 15, 2024** on behalf of myself, my family, my heirs, and my assigns, I hereby release and hold harmless The University of Iowa; the Board of Regents, State of Iowa; the State of Iowa; United Action for Youth, and each of their respective employees, agents and representatives (Releasees) from any and all liability for personal injury, including death, or property loss or damage suffered by me as a result of, arising out of, or in any way involving my participation in this activity, except to the extent that such liability results directly from the negligence of the University of Iowa, its agents, or employees.

I acknowledge that I know, understand, and appreciate the inherent risks in participating in a **charity bike ride with suggested routes ranging from 10-55 miles**. I understand that I can choose a suggested route, or a route and distance of my choice, and I understand that the risks may vary depending upon which route or distance I choose to participate in. The risks may include, but are not limited to: adverse weather conditions; the presence of vehicular traffic on the event route; uneven, irregular, or poor road conditions; contact with other participants, bicycles, or other objects; traffic/bicycle collisions; dehydration; cramps, strains, cuts, bruises, blood pressure or cardiac abnormalities, broken bones, concussions, head, neck, back, or spinal injuries, paralysis, or other bodily injuries, or death; and damage to or loss of personal property. The risks include exacerbation of pre-existing medical conditions. By signing this agreement, I fully assume the inherent risks associated with this activity, and assert that I am voluntarily participating in the activity, and I am at least eighteen (18) years of age* and fully competent.

I grant the University of Iowa and persons acting for or through them the right to use, reproduce, assign, and/or distribute images, audio and video recordings, and likenesses in any medium whatsoever, of myself, for the purpose of promoting the University of Iowa, or for any other lawful purpose, without payment to me. The University, its successors and assigns shall own all right, title and interest, including the copyright, to any such image, recording, or likeness.

I hereby release and hold harmless the Board of Regents, State of Iowa; the University of Iowa and the State of Iowa; as well as each of their respective agents and employees from any and all claims, including but not limited to claims of infringement, damages or remuneration, for invasion of privacy, defamation, or misappropriation, or otherwise arising from such use of my likeness as described above.

- By submitting my registration, I certify that I am at least 18 years of age and fully competent. I understand and agree to all terms of the waiver and release form.

- I am submitting a registration for my child to participate. By checking this box and submitting this registration form I certify that: I am the parent/legal guardian of the participant named on this registration form; I understand and accept the risks associated with my child’s participation; I understand and agree to all terms of the above.